



**October 2019**

**Orange High School Indoor Pool**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>30 Sept</b> CLOSED - Rosh HaShanna 	<b>1 Oct</b> 7-8:30 Morning Lap Swim 8:30-10 NDB Program  4-6 CSI Senior 5-6 CSI Developmental 6-7:15 CSI Primary 6-7:30 CSI Junior 7:30-9 Open Swim	<b>2</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  5-6:15 Learn to Swim 6:15-7:15 Special Needs ST 7:30-9 Masters Swim Team	<b>3</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  7:30-9 Open Swim	<b>4</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim	<b>5</b> 7:30-9 Masters Swim Team 9-12 Learn to Swim 10:30-12 Learn to Dive 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim Diving Boards Open 2-4 Pool Party 4-8 JAW Scuba	<b>6</b> 1:30-5:30 JAW Scuba
<b>7</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  3-5 HS Captain's Practice  7:30-9 Masters Swim Team	<b>8</b> 7-8:30 Morning Lap Swim 8:30-10 NDB Program  3-5 HS Captain's Practice  Yom Kippur starts (no evening programs)	<b>9</b> CLOSED - Yom Kippur 	<b>10</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  7:30-9 Open Swim	<b>11</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim	<b>12</b> 7:30-9 Masters Swim Team  1:30-4 Open Swim	<b>13</b>
<b>14</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-9 Masters Swim Team	<b>15</b> 7-8:30 Morning Lap Swim 8:30-10 NDB Program  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-9 Open Swim	<b>16</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-9 Masters Swim Team	<b>17</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-9 Open Swim	<b>18</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group	<b>19</b> 7:30-9 Masters Swim Team 9-12 Learn to Swim 10:30-12 Learn to Dive 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim 4-7 PDR Scuba	<b>20</b> 1:30-4:30 PDR Scuba
<b>21</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  3-5 HS Captain's Practice 5-6 Middle School Swim Team 5:30-8:30 PDR SCUBA (Diving Well ONLY) 6-7:30 LESD Bronze Group 7:30-9 Masters Swim Team	<b>22</b> 7-8:30 Morning Lap Swim 8:30-10 NDB Program  3-5 HS Captain's Practice 4:00-9:00 LG/LGI Review 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-9 Open Swim	<b>23</b> 7-10 Morning Lap Swim 11-1 Noon Lap Swim  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-9 Masters Swim Team	<b>24</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  3-5 HS Captain's Practice 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group 7:30-8:50 Adult LTS 7:30-9 Open Swim	<b>25</b> 6-7 OHS Swim Team 7-10 Morning Lap Swim 11-1 Noon Lap Swim  2:45-5 OHS Swim Team 5-6 Middle School Swim Team 6-7:30 LESD Bronze Group	<b>26</b> 7-9 OHS Swim Team 9-12 Learn to Swim <i>Learn to Dive - Cancelled</i> 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim 4-8 JAW Scuba	<b>27</b> 12-1:30 Masters ST 1:30-5:30 JAW Scuba

